

# AKAAL



**'Aagiaa bhaee akaal ki, tabe chalio panth'**  
When the Immortal Being ordered, this way (Sikhi) was started.

**'Suni pukaar dataar prabh guru nanak jag mahe pathieaa'**  
The Graceful 1 heard the pleas of humanity and sent Guru Nanak to Earth.

**'Dharam hetth gurdev patthaaeae'**  
The supreme Guru has sent me for the protection of righteousness.

## A IS FOR AKAAL:

The Supreme Divine 1 started Sikhi by sending Guru Nanak Dev ji in 1469. People didn't know about God's Name and compassionate justice as the major religions had obscured these. Guru Nanak Dev Ji was appointed Guru by God directly, given Amrit and told to spread this Truth and Enlightenment (Shabad/Naam/Dharam).

# GURU



**'Gur parbrahm pamesar aap'**  
Guru is the supreme God himself

**'Gur pamesar eko jaan, jo tis bhaavai so parvaan'**  
Recognize Guru and God as the same. Whatever pleases Him is acceptable and approved.

**'Bhullan andar sabh ko, abhull guru kartar'**  
Everyone can make mistakes, only Guru and Vaheguru are free of faults.

## G IS FOR GURU:

Guru Ji is not just a teacher or normal person. He has no ego and is merged with God. He reflects God light like the moon reflects the Sun's rays. Guru Ji is perfect, does not make mistakes and teaches only the Truth. A Sikh aims to earn Guru's grace (gurkirpa). Guru Ji can bless a Sikh to experience God, be rid of ego and merge with the Divine 1.

# BANI



**'Jaisee mai aavai khasam kee baanee taisraa karee giaan ve laalo'**  
O Lalo, as the words of God come down to me, so I make them known.

**'Har kartaa aap muhhu kadaae'**  
God himself is making Guru utter these words.

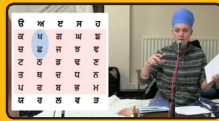
**'Amrit baanee har har teree, sun sun hovai param gatt meree'**  
Vaheguru, listening to your immortal bani, I achieve the highest spiritual state.

## B IS FOR BANI:

Gurbani is direct revelation from God, without any intermediaries. Guru Ji came from God and so did Bani. Bani is Guru and Sikhs bow to it. Why? Gurbani doesn't just show us the way, it actually is the way to God. By singing Bani, reading Bani, we can achieve enlightenment. That's why Sikhs sing and recite bani daily.

# LEARN MORE ON YOUTUBE

## Basics of Sik



## Why, What and How of Sikhi

- Dozens of videos in English
- Questions asked by other faiths
- Gurbani explained (Japji Sahib)
- Intro course to Sikh history

 [basicsofsikhi.com](http://basicsofsikhi.com)

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# WANT TO SUPPORT US?

## Did you know?

**Everythings13** is a registered Sikh educational charity. We felt something had to be done at the grass roots level to spread Guru's wisdom and started the Youtube channel **Basics of Sikhi**. We then hired Gursikhs to teach Bani and History to both our youth and the western world.

## Why Everythings 13?

Everythings 13 translates to '**Sabh Kich Teraa**' in Punjabi, meaning "Everything is Yours (God)". We are the servants of Guruji and victory is to Him.

## How do I donate?

There are 3 ways you can donate:

1. You can make a one off donation by texting **'NAAM 13 £5 or £10'** to **70070**.
2. You can set up a monthly donation on [uk.virginmoneygiving.com/charities/Everythings13](http://uk.virginmoneygiving.com/charities/Everythings13) (don't forget to tick Gift Aid)
3. If you aren't from the UK you can donate via Paypal to [Everythings13org@gmail.com](mailto:Everythings13org@gmail.com)

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