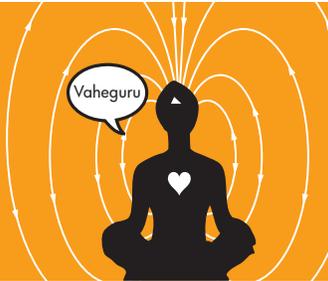


## 1. THE MESSAGE OF SIKHI

ੴ = 1

1 Creator.  
An Infinite Force  
all around us  
and the Source  
of everything.



1 Human Race, all equal,  
each with the 1's light  
within. The 1's light  
is free of gender,  
religion, race,  
nationality or  
sexual orientation.  
Anyone can be  
a Sikh. Our aim  
is to connect to the  
1 inside us...How?



Connect to the 1  
through our Tenth Gate.  
A blissful experience  
of divine love found  
by singing praises  
in holy company,  
meditation,  
honest living and  
serving humanity.



## 2. THE TEN SIKH GURUS (1469-1708)

The 1st Guru travelled to religious centres like Rome, Tibet, Mecca and Sri Lanka, spreading his message of experiencing the 1 creator and equality and freedom for all humans. He even founded an ideal egalitarian community in Punjab.



The 3rd Guru appointed 52 women preachers and gave them responsibilities to lead congregations. Women were given equal rights and seen as spiritual partners.



The 5th Guru made the Golden Temple in Amritsar. It has 4 entrances, to welcome people of all traditions. One must descend into the Golden temple (humility) and walk the only path (love) to the inner temple (God is inside us).



The Gurus all promoted religious freedom. The 6th Guru built a mosque for poor Muslims living within his city. In 1675, his son the 9th Guru, went even further and gave his life to protect the religious freedom of Hindus.

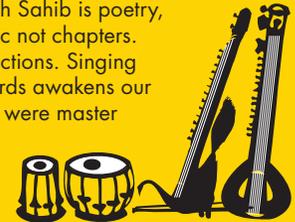


## 3. INTERESTING FACTS



The 11th Guru is scripture, called the Guru Granth Sahib. Compiled and sealed by the Gurus themselves, it was given Guruship in 1708. It contains divine wisdom of Saints of different religions and backgrounds. It is seen as Truth revealed directly from the 1.

The Guru Granth Sahib is poetry, divided by music not chapters. Its not just instructions. Singing these divine words awakens our soul. The Gurus were master musicians and even invented instruments.



Free food for all is a core principle of Sikh Gurdwaras. We all sit as equals to eat food prepared by volunteers.



